

The Hill-Murray Boys Tennis program is hosting a series of preseason captains practices to help everyone get ready for the upcoming spring season, which begins March 23rd.

These sessions are **open to any student who plans to play boys tennis this spring** — whether you're a returning player or new to the program. It's a great way to knock the rust off, build skills, and connect with teammates before tryouts.

### **Captains Practice Schedule**

- **February 22** | 4:30–5:30 PM — Baseline Tennis Center
- **March 2** | 7:30–9:00 PM — Baseline Tennis Center
- **March 19th** | 4:00 - 5:00 pm - Baseline Tennis Center
- **March 15** | 6:30–8:00 PM — Life Time Fitness (White Bear Lake)
- **March 22** | 4:30–5:30 PM — Baseline Tennis Center

**Cost: \$6 per session**

Please Venmo **@Andy-Skoogman** to Coach Skoogman **after each session you attend**, and be sure to **include the date of the practice in the note**.

We encourage all players planning to compete this spring to take advantage of these workouts — the more racquet time now, the better prepared you'll be when the season begins.

Hope to see you on the courts!