## **Greetings From the Health office!!**

The summer is flying by and soon we will be getting ready to jump back into another school year. I just wanted to give a few hints/reminders for this upcoming school year so we can make it an easy and successful transition back.

- I will not carry any over the counter medication for students unless they have a prescription from a doctor. This includes cough drops, Tylenol, ibuprofen, allergy medication etc. Students in 9-12 grade may carry this in their bag. Students in middle school must have a prescription and keep it in the health office.
- If your student will be taking daily medication, please have the doctor indicate on the order that the medication can be taken after lunch unless a specific time is required.
- If your child carries their own inhaler/epi pen for asthma or allergies, please have the doctor indicate in the order that they are ok to self-carry these medications. Otherwise, we will plan to keep the medications on hand in the health office.
- And finally, please make sure all medications that are dropped off come in the original package or bottle. If they are prescription medications, then please make sure they come in the original bottle with the student's name on it. Please only drop off a 30-day supply at a time.

Please Reach out if you have any questions. I will be checking my email periodically throughout the summer. I look forward to seeing all the students back in August!

Lisa Leier RN

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