The 2023 season will start with tryouts on Monday, August 14 and Tuesday, August 15. 10th-12th graders will tryout from 3:30-5:30pm AND 6:30-8:30pm both days; 7th-9th graders will tryout from 3:30-6:30pm both days.

10th-12th graders should pack a dinner for the break. Athletes may stay or leave the building during the break. We will do our best to keep the break time consistent to what we have listed.

7th-9th graders will be given a short break during tryouts, and should bring a snack.

Leading up to and including the time of tryouts, 7th-9th graders may be asked to tryout with the 10-12th graders. If that is the case, we will try to give as much notice as possible and the appropriate breaks where needed.

Depending on skill level and positional need, 7th and 8th graders may be asked to tryout for a 9th grade team or above. If that’s the case, athletes will be informed as soon as possible so schedules may be adjusted.

We will have five high school teams this year: Varsity, JV, B-Squad, Freshman A, Freshman B.

7th and 8th graders not selected for one of our high school teams will be encouraged (if participation numbers allow) to participate on our middle school team. The middle school team will start practices after Labor Day and compete in the CAA.

6th Graders are not eligible to tryout for our high school program. 6th graders may play on our middle school team.

Looking at registration numbers, it is very likely we will have cuts this season. Cuts are needed to keep teams at a manageable size and to provide a competitive experience for those involved.Whenever possible, we try to avoid cutting freshman and give them the experience of exploring and competing in volleyball.

Team selections will be communicated Tuesday evening with regular team practices beginning on Wednesday, August 16.