

# HILL-MURRAY VOLLEYBALL

## FREQUENTLY ASKED QUESTIONS

### **Q: When does the season start?**

A: The 2023 season will start with tryouts on Monday, August 14<sup>th</sup>.

### **Q: What do I need to tryout?**

A: Fall Sports registration is online and will open in late July.

### **Q: How many teams are there?**

We have six teams this year. Varsity, JV, B-Squad, Freshman A, and Freshman B, and Middle School.

### **Q: How do try-outs work?**

A: Tryouts will be held on Monday, the 14<sup>th</sup> and Tuesday, the 15<sup>th</sup>, Times: TBA  
Team placements are typically announced at the end of the session on Tuesday.

### **Q: How many players are on a team?**

A: We try to keep the teams to 10 players, but in certain circumstances we may have more or less.

### **Q: Are there cuts?**

A: Yes. Typically, each year we have more players try out than we have spots for.

### **Q: Is there a middle school team?**

A: If the numbers allow, we love to have a middle school team that competes in the CAA.

### **Q: When are practices?**

A: Since the season begins before school starts, the practice times for teams may vary. Expect that teams will be having some longer practice times (similar to tryouts) in the weeks leading up to school starting. Once school starts, practices will be after school, generally lasting about 2 hours.

### **Q: How long is the season?**

A: The season begins in mid-August and goes through mid-October. The Varsity team will often play into November.

### **Q: Who do we play?**

A: We compete in the Metro East conference with North, Tartan, Mahtomedi, Simley, Two Rivers, Hastings and South St. Paul. For playoffs, the Varsity team competes in Section 4AAA against Chisago Lakes, Mahtomedi, St. Anthony, Como Park, Harding and Johnson.

### **Q: When are matches?**

A: Matches are primarily held on Tuesdays and Thursdays. Freshmen matches typically begin at 4pm, JV and B-Squad matches begin at 4:45, and Varsity matches begin at 6:30pm. In addition, each team will have 2-3 Saturday tournaments during the season. The Varsity and JV teams should expect to have some practices on Saturdays.

### **Q: Can anyone attend the summer open gyms?**

A: Yes. Anyone who is interested in playing volleyball in the fall is welcome to attend open gym during the summer. Open gyms are a great opportunity to practice, play, gain strength and quickness, and to get to know the other members of the HMVB program. Players are not required to attend Open Gym. Open gym days and times are TBD.

### **Q: How can I stay in touch with HMVB?**

A: Informational updates may be sent via email or posted to our athletics webpage [www.hill-murray.org/volleyball](http://www.hill-murray.org/volleyball)

You can also follow us on.... **Instagram** @hillmurrayvolleyball

**Twitter** @HM\_Volleyball

**Facebook** [www.facebook.com/hillmurrayvolleyball](http://www.facebook.com/hillmurrayvolleyball)

Or **email** us at [hillmurrayvolleyball@gmail.com](mailto:hillmurrayvolleyball@gmail.com)